

Deeply Balancing Liver Meridian

First: a) Spinal Flush

- b) Central, Liver, Spleen Front Neurolymphatics
- c) Sedate Circ Sex to relax Root Chakra
- d) If low back pain present, sedate Large Intestine
- e) 'Smooth behind the Ears' for Triple Warmer

Procedure:

1. Sedate Liver Meridian
 2. Trace Liver Meridian forwards, backwards, forwards with either a spinning magnet or a spinning crystal.
 3. Test points LV1-14 for irregularity (correct polarity). Correct by massaging, singing, or flipping magnet.
 4. Test each point for strength by localizing. If weak, hold point with finger, whilst using finger on other hand to hold the point furthest away on the meridian line. Hold ≤ 2 mins.
- Retest** weak point. If necc. strengthen by spinning magnet.
5. Continue through every liver point. Repeat on other side.
 6. Hold Liver Neurovasculars on forehead whilst holding, in turn, the other three Rooster Comb points. Hold 1-2 mins.



Deeply Balancing Spleen Meridian

First: a) Spinal Flush

- b) Central, Liver, Spleen Front Neurolymphatics
- c) Sedate Circ Sex to relax Root Chakra
- d) If low back pain present, sedate Large Intestine
- e) 'Smooth behind the Ears' for Triple Warmer

Procedure:

1. Hold Spleen Neurovasculars above ears for 1-2 mins.
 2. Trace Spleen Meridian forwards, backwards, forwards with either a spinning magnet or a spinning crystal.
 3. Test points SP1-21 for irregularity (correct polarity). Correct by massaging, singing, or flipping magnet.
 4. Test each point for strength by localizing. If weak, hold point with finger, whilst using finger on other hand to hold the point furthest away on the meridian line. Hold ≤ 2 mins.
- Retest** weak point. If necc. strengthen by spinning magnet.
5. Continue through every spleen point. Repeat on other side.
 6. Hold Liver Neurovasculars on forehead whilst holding, in turn, the other three Rooster Comb points. Hold 1-2 mins.



