

Triple Axis / Rooster Comb Hold

To test: energy localize:

1. Liver NVs at hairline.
 2. Hypothalamus at back of head.
 3. Pituitary Gland at curve of head.
 4. Pineal Gland at top of head.
- If weak...

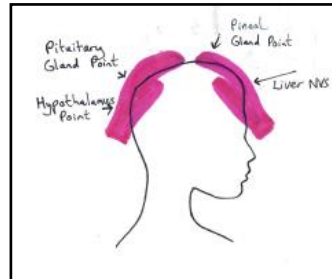


Preliminaries: Crown Pull

Procedure: Rooster Comb Hold for 3 mins.

The work of the Triple Axis:

- a) Liver - produces and metabolises hormone, toxins / medications etc.
- b) Pituitary - affects thyroid, ovaries, & all glands.
- c) Hypothalamus - affects adrenals, cortisol, & all glands.



To self-test:

- a) Place a 3 finger notch on Heart NV and a second on the Spleen NV just above the Pituitary Gland pt.

If this feels less than good, it may mean an imbalanced pituitary.

- b) Move the second notch to the TW NV, above Hypothalamus pt. *If this feels less than good, it may mean imbalanced Hypothalamus.*

- c) Move second notch to the centre of the hairline - Liver NVs.

If this feels less than good, it may mean an imbalanced liver meridian.

EEM for Pregnancy

Fertility

- To increase chance of conception: **3 point Kidney Meridian, flush and strengthen Spleen Meridian.**
- Using acupoints, **strengthen Spleen and Heart Meridians** to direct energy and blood to the uterus.
- **Vortex Revival**
- Increase receptivity to sperm by **sedating Circ Sex Meridian.**
- Work with **Penetrating Flow** for healthy womb and ovaries.



Preventing Miscarriage

- Keep Belt Flow strong
- Sedate Stomach Meridian
- Strengthen Spleen Meridian
- 3 Point Kidney Meridian to increase production of progesterone
- Keep Chakras strong



For a Healthy Pregnancy

- Keep Spleen Meridian strong
- Keep Yin and Yang balanced. Trace Regulator Flows
- Strengthen Uterus by massaging K6 point.
- Relax the back and nervous system by squeezing the insides and outsides of the feet with the thumb over the instep (stimulates Bladder and Spleen).
- Clear Chakras throughout pregnancy to balance energy systems and keep mother and baby in harmony with each other.

